










# SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																		
1	2 Labor Day	3 Steak fingers, mashed potatoes, green beans, roll, fruit, dessert OR Hot turkey & cheese pobo, chips, fruit, dessert OR Salad Bar	4 Cheese tortellini, salad, garlic bread, fruit, dessert OR  Grilled chicken sand., sweet potato fries, fruit, dessert OR Salad Bar	5 Chicken and dumplings, peas, roll, fruit, dessert OR Baked potato with all the fixings, salad, fruit, dessert OR Salad Bar	6 Nacho's with chili and cheese, salad, fruit, dessert OR  Southwestern chicken salad, chips, salsa, fruit, dessert OR Salad Bar	7																																																																																		
8 Grandparents Day	9 Chicken & sausage jambalaya, salad, bread, fruit, dessert OR  Hamburger, fries, fruit, dessert OR Salad Bar	10 Lasagna, salad, garlic bread, fruit, dessert OR  Hot dog, fries, fruit, dessert OR Salad Bar	11 BBQ chicken, baked beans, cheesy potatoes, roll, fruit, dessert OR Turkey wrap with cheese, chips, fruit, dessert OR Salad Bar	12 Beef tips and rice, roasted broccoli, roll, fruit, dessert OR Fried chicken sandwich, fries, fruit, dessert OR Salad Bar	13 Fried catfish, fries, corn nuggets, fruit, dessert OR Home made meatball pobo, chips, fruit, dessert OR Salad Bar	14																																																																																		
15	16 Fettucinni alfredo, salad, garlic bread, fruit, dessert OR Sloppy Joe sandwich, baked beans, chips, fruit, dessert OR Salad Bar	17 Beef taquito, black beans and corn, chips/salsa, fruit dessert OR  Grilled cheese sand., chips fruit, dessert OR Salad Bar	18 Fried chicken tenders, mac & cheese, green beans, roll, fruit, dessert OR Baked potato with all the fixings, salad, fruit, dessert OR Salad Bar	19 Pizza casserole, salad, garlic bread, fruit, dessert OR Hamburger sliders, fries, fruit, dessert OR Salad Bar	20  Soft and crunchy tacos, rice, chips/salsa, fruit, dessert OR Hot ham and cheese pobo, chips, fruit, dessert OR Salad Bar	21																																																																																		
22	23 Spaghetti with cheese sticks, salad, garlic bread, fruit, dessert OR Grilled chicken caesar salad, garlic bread, fruit, dessert OR Salad Bar	24 Chicken pot pie, peas, salad, roll, fruit, dessert OR  Hamburger, fries, fruit, dessert OR Salad Bar	25 Pot roast with rice, carrots and potatoes, roll fruit, dessert OR Corn dog with fries, fruit, dessert OR Salad Bar	26 Chicken parmesan, salad, pasta, fruit, dessert OR Hot club sandwich with ham, turkey, bacon, chips, fruit, dessert OR Salad Bar	27  Pepperoni pizza, salad, fruit, dessert OR Cheese pizza, salad, fruit, dessert OR Salad Bar	28																																																																																		
29	30 Shepherd's pie, roasted carrots, roll, fruit, dessert OR  Hot dog, fries, fruit, dessert OR Salad Bar																																																																																							
		August 2019 <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>	S	M	T	W	Th	F	Sa					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	October 2019 <table border="1"> <thead> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>Th</th> <th>F</th> <th>Sa</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> </tr> </tbody> </table>	S	M	T	W	Th	F	Sa			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			Note <b>Preschool-kinder=\$4.75</b> <b>1st-8th=\$5.75</b> <b>Star denotes gluten free=\$6.75</b>
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